The Veterans Cycling Association promoted an open 25 miles time trial for all ages on a course based at Usk, and using the dual carriageway to Monmouth. The winner was Ray Hughes Clarence Wheelers, who took full advantage of excellent conditions to set a course record of 50m.50s. Abertillery Wheelers: Ian Davies 58m.33s, Gareth Chislett 1h,04m.32s. Owen Pocock 1h.12m.58s.

In contrast, conditions for the Abertillery Wheelers Hill Climb were really bad, with rain making visibility poor. Ian Davies added the trophy to the others he has already won this year, clocking 6m.31s. Gareth Chislett 7-08, Tony Hudson 7-25, Clinton Evans 7-29, Mike Collins 7-59, Dave Evans 9-58.

Next Sunday Maindy Flyers CC promote a 10 miles 2 up Team Time Trial on the Vale of Neath course